

# Synergistic Healing

*With Julie Wise*



*Starts in Brussels, Belgium  
Feb 2010*

*Healing is not about what you do,  
but who you are.*



## Introduction

The healing system that I use is called “Synergistic Healing”. Synergistic comes from the Greek syn-ergo which means working together. The Apostle Paul used the word to illustrate a dynamic conception of human, divine and cosmic cooperation. Synergistic Healing is the opening to the Divine aspect within, which allows “natural” healing to occur. A blend of various aspects are brought together to allow you to work in a spontaneous and intuitive way so that each healing is unique and individual, just as we are. It is my own integration of spiritual, energy and body practices to assist realignment and promote health on all levels: physical, emotional, mental and spiritual.

The purpose of the course is to assist the unfoldment and emergence of the healer within. In order to connect with this healing force we need to achieve a degree of balance within our earthly existence. The “energy” of the healer is fundamental to the right conditions which allow healing to take place.

Throughout the course there will be a combination of theory and practice, as well as time for group shares, personal development and questions. To transform in to a sacred healer within 2 years is a great undertaking. I want to keep the framework of the course flexible but focused on our goal.

The healer’s vibration, awareness and emanation are crucial. Christ healed naturally; His mere presence ignited the person’s soul forces. As the Healer we do not agree with the clients’ illness, or make it real, we see their wholeness and Holiness; but first we have to see our own.

## The Essence of the Course

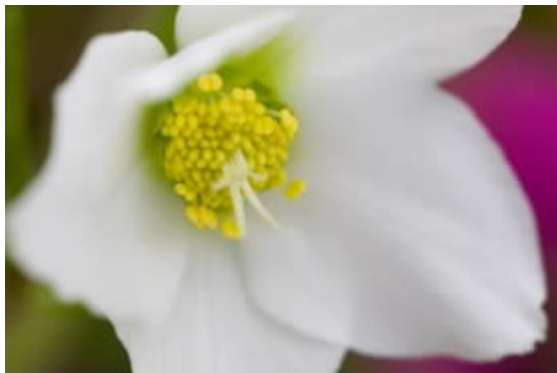
Synergistic Healing is about strengthening, purifying and maintaining the connection to the soul. The aim is to bring the light in to the darkness and therefore the dissolution of the darkness is inevitable.

*He who offers to me with devotion only a leaf, or a flower, or a fruit, or even a little water, this I accept from the yearning soul, because with a pure heart it was offered with love.*



(From: The Bhagavad Gita)

It is sincerely hoped that the practice will be undertaken with a view to attaining your highest potential. In order to do this commitment to regular practice is necessary. This includes Chi Kung, to maintain a clear energy body, walks in nature to absorb vitality from the surroundings, meditation to assist a greater anchoring in of the light and knowing of our true selves, self investigation to know our strengths and weaknesses, as well as the various techniques and methods imparted during the course. We will also practice various breathing techniques, visualizations, shamanic journeys and sacred mantras to realign, open and connect with the higher vibrations of healing.



*You must learn to be still in the midst of activity and to be vibrantly alive in repose.*

(Mahatma Gandhi 1869 -1948)

True Healing has to be life changing

## The Course

*Let us make all spiritual talk simple All problems arise from wandering into separation and fear, All solutions begin by returning to the boundless love within.*

(Miranda Holden “Boundless Love”)

You must be able to look after yourself physically, emotionally and mentally; this means that you take responsibility for your growth, emotions and transformation through the use of the tools given.

Over the 2 years we will explore, examine, integrate and reflect on the following:

- Butterfly sweeps for strengthening and protecting
- Golden Sun Series for transformations and healing
- Spirals in the air for cleansing and reconnecting
- Breathing practices to awaken and sensitise
- 5 pointed star and 6 pointed star imprinting and healing work
- Sacred teaching on various aspects of healing: sickness, human existence, the soul, birth and death.
- Examine our own existence and areas we still need to heal
- 5 Pranas healing
- 5 elements healing and energy work
- Communication skills and process work
- Severing past psychic links, assisting soul retrieval
- Exploring within the body and communicating with the illness
- Ways of working with the body and release
- Etheric balancing and strengthening
- Clairvoyance and clairaudience on a higher level, to assist the client in identifying disconnection from the truth
- Distant healing
- Ancestor healing
- Deeper understanding of the charka system and healing of it
- Working with dreams and imagery
- Understanding entities and their transformation
- Integration of the higher forces in to the physical form
- Shamanic Journeying in to other realms to assist deeper understanding
- Chi points and polarity work



## Teachers Commitment

I commit to teaching to the highest standard that I am capable of. To assist and facilitate the unfoldment of your true selves, so that you may more readily be aware of the divinity within. I am committed to my path Of Spiritual and Personal

growth and know that I will grow along with you. For the next 2 years at least our paths are linked and I honour this link.

## Students Commitment

By participating in this course you are committing to 2 years of Personal and Spiritual development. The commitment comes from your soul calling: at times your ego will resist this calling.



Be aware of your soul's desire and smile to the ego self. The wholeness is already inside you. The purpose of the course is to assist in removing the veil of illusion that prevents you from experiencing the truth in life; so that you emerge as a world healer and holder of the light.

## Personal Journal

It is recommended that throughout the course you keep a personal journal; to record your insights, thoughts, feelings and observations. This journal will assist your personal development by helping you to become aware of subtle habits, patterns and beliefs that may not now be serving you so well.

Some months I will give a particular topic for you to observe your beliefs, reactions and feelings about, which will link in to our practice for that month.

This kind of journal is of great value as it helps you to see and own your growth and transformation. The journals are confidential, but will be handed in twice each year for me to understand which areas you are growing / struggling in.

## Assignments

In order for you to cultivate the healer within, consistent and continuous practice is required.

You will also be expected to conduct a number of written case histories so that you can begin to refine and cultivate your healing art. (If writing is a problem, audio cassettes can be used).

A minimum 2000 word essay each year which is to demonstrate your understanding of the healing art and the gift you are developing.

## Personal Radiance

If you wish to undertake the course as a means of personal development and radiance, then there is no requirement for you to do the above assignments.

## Confidentiality

I ask that students maintain confidentiality at all times as to what they hear and share on the course. Some of the practices you will learn are deep transformative practices and should be kept only for personal use.

Confidentiality helps us to maintain mindfulness and safe practice.

## Recommended Reading

The Tao of Health, Sex and Longevity	Daniel Reid
A Path with Heart	Jack Kornfield
Hands of Light	Barbara Ann Brennan
Light Emerging	Barbara Ann Brennan
Healing the Cause	Michael Dawson
Wheels of Life	Anodea Judith
Boundless Love	Miranda Holden
The Sevenfold Journey	Anodea Judith & Selene Vega
The Dark Side of the Light Chasers	Debbie Ford
Sacred Healing	Jack & Jan Angelo

A nice “light” (ha ha) read is “Healing Energies” by Bruce Way which is a gentle challenge to some of our concepts of healing , it is a very easy read with some interesting ideas!



## Venue

### **Koningsteen Retreat Centre**

Oxdonkstraat 168

1880 Kapelle-op-den-Bos

België

BE 859.951.223 - RPR Brussel

Koningsteen is a beautiful peaceful venue, with lovely grounds, comfortable accommodation and good food; not far from Antwerp and only about half an hours drive from Brussels.

[www.koningsteen.be](http://www.koningsteen.be)

## Dates and Times

Saturday start at 10.30am through to Monday end at 4.00pm.

Breaks, meals and shared accommodation included

(limited single occupancy available, single room supplement required)

## **2010**

Feb: 6<sup>th</sup> 7<sup>th</sup> 8<sup>th</sup>

May 15<sup>th</sup> 16<sup>th</sup> 17<sup>th</sup>

June 26<sup>th</sup> 27<sup>th</sup> 28<sup>th</sup> (changed from July)

Sept 11<sup>th</sup> 12<sup>th</sup> 13<sup>th</sup>

## Julie Wise



My deepest desire in life is to be used as a tool by The Divine to assist mankind to come to a greater and deeper understanding of themselves and others. In order to do this I work in an individualistic and unique way, trying to be open to each situation as it presents itself. I believe that we can grow in joy and light and indeed it is wise to turn our focus to these in order to live lighter lives. Whatever we focus on we become and therefore let us learn to be aware of what we are focusing on.

I have worked for over 17 years as an energy healer and a raising of awareness facilitator. I teach Tai Chi, Chi Kung, Meditation, Spiritual and Personal Development, Moving in to the Light Training programs and Synergistic Healing. I am a successful Holistic Therapist and known throughout Europe for “Soul Readings”. I have worked extensively in HM Prison Service, Local Colleges, Mental Health and Private Industry; I strongly believe in the bringing of the light in to established institutions.

We have a responsibility to express our soul in this world in whatever way inspires us. All of my work is based on this premise and on various ways to assist that connection. The true purpose of Synergistic Healing is to ignite the soul link so that the client then moves towards this Divine aspect within themselves. In this state all is perfect, all is well and the miracle of life is evident.

*“The way to heaven is within. Shake the wings of love - when love’s wings have become strong, there is no need to trouble about a ladder.”*

(Rumi)

**Synergistic Enrolment Agreement Form**  
**Student Copy**

**Participation in The Synergistic Training Course requires you to follow these simple guidelines.**

**Respect:** the art you are learning, each other and your teacher. Confidentiality is to be maintained to the highest standard and the practice will be honoured.

**Dress Appropriately;** wear comfortable clothing that allows you to move easily. **Shoes:** whilst we recommend bare feet, if you wish to wear shoes they should be clean indoor shoes designed for exercise.

**Listen:** to your body and go at your own pace. Dizziness, nausea, disturbed breathing are all signs of over exertion; stop and rest if you need to. **Before exercising:** it is generally recommended to allow 3-4 hours for digestion after main meals, and 1-2 hours after snacks.

**Please refrain from alcoholic beverages whilst on the course.**

**Illness or disability;** please inform your teacher of any illness or disability which may affect your ability to take part.

I reserve the right to change dates and to use an assistant teacher where deemed necessary.

**Disclaimer:** You indemnify me from any legal liability, claims or prosecution. I reserve the right to ask any student / participant to leave a class or even course if such action is deemed necessary in the best interest of the students / course; without compensation.

It is important for your safety and the safety of others that you read these notes and act accordingly. Whilst great care has been taken to ensure your safe participation. You do take part at your own risk. Julie Wise will not be held responsible for any accidents, injury or loss of property. You are accepting personal responsibility for your own physical and mental well-being.

Thank you for your co-operation and participation; I hereby agree to the conditions of attendance and accept the points and notes above.

Student Name \_\_\_\_\_

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Name (Please print) \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Tel \_\_\_\_\_ email \_\_\_\_\_

Signature \_\_\_\_\_ date \_\_\_\_\_

Synergistic Healing



## Synergistic Healing Facilitators Course Application Form Belgium 2010

Name: \_\_\_\_\_

Address: \_\_\_\_\_

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Telephone \_\_\_\_\_ email \_\_\_\_\_

The course will run from 10.30am (prompt) Saturday to 4.00pm Monday for four residentials a year totaling 8 residentials in all.

**The cost of the course is €2,500 per year**, including residentials, teaching and materials. There is a discount of 10% if full payment is made prior to the first months training.

To Book your place please tick one of the payment options below:

I enclose full payment for the first years training of €2,250

I enclose a deposit of €1,000 followed by 3 installments of:

€500 due on first month of course

€500 due on third month of course

€500 due on fifth month of course

Payment will not be reimbursed if you decide not to complete the course.

I understand and agree to the terms and conditions of the Synergistic Healing Course as set out in the curriculum.

Signature \_\_\_\_\_ Date \_\_\_\_\_

### **Bank Details**

Account Name: Julie Guillian

IBAN: IE81BOFI90111671331595

BIC: BOFIE2D

(Bank of Ireland, Upper George's St, Dun Laoghaire, Ireland. Sort Code 90-11-16)

Send the application form to:

**Julie Wise - 155 Bare Lane, Morecambe, Lancashire, England. LA4 6RR**  
**Tel +44 (0) 1524 418663 email:- [info@juliewise.co.uk](mailto:info@juliewise.co.uk)**